

A WEEK AT H.E.A.L. HOUSE

Pricing

The total cost for the all inclusive 4 day Incurables training program is \$500.00

A \$150.00 non-refundable deposit is required at time of reservation.

What to Bring

Casual Clothing
Bathing Suit
Comfortable shoes

How to Prepare

You need to have completed at least 1 week of bowel cleansing to comfortably participate in cleansing activities you will be learning about.

What will be provided

All Food & Herbal products needed for your program will be provided during your stay.

Program Specials

The 4 Week Incurables kit is specially priced at \$300.00 and will be available for pick-up before departure on Friday Morning. (This is a savings of \$98.00)

The 4 Week Incurables Dry Kit is available for those wanting to make their own tinctures for a special Class price of \$190.00 (An Addition Savings of \$50)

Phone: (828) 287-8787
Email: healletters@aol.com

Sunday

Plan to Arrive between 12 noon and 6pm.
A light Dinner will be served between 5:30- 7:00pm
Evening Social in Library begins 7:30 pm

Monday

7:00 am– Breakfast
7:30 am– Morning Constitution in the Fresh Mountain Air.
8:30am – Shower & Change
9:00am– Class Time: The Foundational Programs (Bowel Cleansing, Echinacea, Nutrition)
10:00-10:30 Juice Break– Fresh Fruit Juice in Kitchen
10:30– Video Class: Dr. Schulze on the Foundational Programs
12:30– Lunch:
2:00pm Afternoon Class: Making Herbal Extracts part I “Setting”
4:00 pm– Free Time
6:00 pm– Light Dinner
7:00 pm– Video in Library

Tuesday

7:00 am– Breakfast
7:30 am– Morning Constitution in the Fresh Mountain Air.
8:30am – Shower & Change
9:00am– Class Time: Kidney Flushing
10:00-10:30 Make a Kidney Flush in Kitchen
10:30– Video Class: Dr. Schulze on the Kidney Flush
12:30– Lunch:
2:00pm Afternoon Class: Making Herbal Extracts part II “The Squeeze Off”
4:00 pm– Free Time
6:00 pm– Light Dinner
7:00 pm– Video in Library

Wednesday

7:00 am– Breakfast
7:30 am– Morning Constitution in the Fresh Mountain Air.
8:30am – Shower & Change
9:00am– Class Time: Liver Flushing
10:00-10:30 Make a Liver Flush in Kitchen
10:30– Video Class: Dr. Schulze on the Liver Flush
12:30– Lunch:
2:00pm Afternoon Class: The Emotional Work: “Journaling”
4:00 pm– Free Time
6:00 pm– Light Dinner
7:00 pm– Video in Library

Thursday

7:00 am– Breakfast
7:30 am– Morning Constitution in the Fresh Mountain Air.
8:30am – Shower & Change
9:00am– Class Time: Cold Sheet Treatment
10:00am– Video Class: Dr. Schulze on the Cold Sheet Treatment
12:30– Lunch:
2:00pm Afternoon Class: Giving a Cold Sheet Treatment
4:00pm– Special Class Time: Discussion of any additional issues a member may need to know
6:00 pm– Light Dinner
7:00 pm– Video in Library

Friday

7:00 am– Breakfast
Plan to depart by 12:00 Noon